

Staff Response Plan Ideas

Possible Signs of escalation might be:

- Getting out of seat
- Moving around the room
- Breaking a pencil
- Ripping papers
- Shoving away activity
- Shoving, hitting, pinching
- Crying
- Whining
- Complaining
- Refusal
- Ignoring
- Walking away/out
- Unkind words to others
- Covering head
- Yelling

Situations that might require adult support for de-escalation might be:

- Hurting someone else
- Destroying property
- Disrupting instruction (yelling, swearing, name-calling)
- Hurting self
- Threatening

People to call for support might be:

- School Psychologist
- Child Development Specialist
- School Principal
- Student Management Specialist
- Another Designated Teacher
- Special Education Teacher
- A para-professional
- Office Staff

Places to de-escalate might be:

- On bean bag
- In a rocking chair
- At a specific desk
- In another office
(principal, CDS, SMS,
School Psych.)
- In another designate
classroom area
- Outside of the
classroom door
- In another designated
classroom (general ed.,
Learning Center)

Steps for rejoining the class might be:

- Use pre-taught "options to calm" process (breath, count, etc.)
- Demonstrate calm body
- Demonstrate calm voice
- Demonstrate compliance with adult requests (around a work task or around things to take care of)
- Student verbalize steps for re-entry into class

Things to take care of might be:

- Clean up mess made
- Fix something broken
- Make an apology
- Write an apology
- Draw an apology
- Make restitution for time an adult spends (community service like cleaning boards, doing recycling, cleaning desks)